

# DONATIONS / CONTRIBUTIONS

**WISDOM OF MINDFULNESS MEDITATION RETREAT**  
**Awakening World Dharma: Liberation Through Living**  
**A Community Gathering, Offered Freely by Donation**

**March 15-21, 2025 | ARMA Resort, Ubud, Bali**  
**Led by Alan Clements & Special Guests**

Offered freely by donation for 20 full-time and 10 part-time participants.

**Application Deadline:** January 11, 2025, or until the retreat fills (with a waiting list). The retreat is open to all, including parents with children, tweens, and teenagers.

[Read Retreat Overview on Our Events Page](#)

**Online Request To Attend – Application Form**  
**Request to Reserve My Space to Attend Retreat**

**SUGGESTED DONATIONS, explained, below:**

The base cost to host the retreat is \$495 USD per person for the week, which covers the following:

- Rental of [ARMA's temple](#) area and grounds
- ARMA's expert staff service and daily gourmet meals
- Retreat promotional materials and activities
- Alan's airfare from the West, work visa costs, and lodging
- Supports those seeking full and partial scholarships

Alan Clements offers his teachings and services freely, without seeking remuneration. Contributions above the base cost of \$495—which covers the essential expenses to produce the retreat—directly support the scholarship fund, providing assistance to yogis in need, while also helping sustain Alan's life and creative work. World Dharma embraces a sliding scale of suggested donations (outlined below), inviting participants to contribute according to their capacity.

It is important to note that while participants are welcome to bring their own food or dine elsewhere, we are charged per person, which includes meals, whether one chooses to partake or not.

Upon review and acceptance of your application (typically within a few days), a team member will reach out to confirm your spot, at which point you may make a voluntary donation of your choice. Should you feel moved to contribute more at a later time, you are welcome to do so.

Alan's World Dharma teachings are offered freely, and contributions beyond the base cost help sustain not only the retreat itself but also Alan's work and the retreat scholarship fund. In keeping with our values, no one will be turned away for financial reasons.

### **Donation Information – Suggested Donation (Sliding Scale)**

At the time of informing you of the acceptance of your application, please consider offering an amount that reflects your capacity. Contributions beyond the base cost help make the retreat accessible to others in need.

### **Donations (Dana):**

This retreat is a not-for-profit event produced by Usada Bali and World Dharma Productions under the Buddha Sasana Foundation. Alan Clements offers his time freely to organize and lead the retreat. If inspired, consider making a donation or pledging a monthly amount to support Alan and future retreats.

### **The Meaning of Dana**

*Dana*, a Pali word meaning "generosity," is more than just giving; it is a sacred exchange that fosters a deep connection between those offering and those receiving Dharma teachings. Rooted in the practice of the Buddha, *Dana* is a way to recognize our interconnectedness and to cultivate a spirit of care and generosity. Since the time of the Buddha, this mutual relationship has allowed the Dharma to flourish without a price tag, making it accessible to all.

For Alan Clements, *Dana* has been a defining practice. As a young monk in Burma, he relied entirely on the generosity of laypeople for his survival, learning firsthand that giving and receiving are part of the same path toward

freedom. The food, shelter, and support offered to him during those years were far more than material gifts—they were acts of shared responsibility in the journey of awakening.

Alan's commitment to *Dana* extends beyond his time as a monk. His life's work, from human rights activism to Dharma teachings, embodies this principle of selfless service. By offering this retreat on a *Dana* basis, Alan invites each of us into this sacred relationship. Your contributions, whether financial or through your presence, sustain not only this event but Alan's ability to continue bringing the Dharma to others.

In a world that often commodifies spirituality, Alan consciously honors the tradition of *Dana*, offering his retreat work freely. This reflects his deep conviction that the path to freedom cannot be bought or sold. Your generosity, in whatever form, allows these sacred sharings to reach those who need them most, making you part of a legacy that transcends material exchange.

By practicing *Dana*, you are supporting not just this retreat, but a tradition of generosity that keeps the Dharma alive for future generations. You are helping to create a world rooted in mutual care, compassion, and freedom.

## **Elevating the Retreat Experience**

Beyond minimizing financial obstacles and supporting those in need, the ultimate goal is to create an elevated vibration for the retreat. By bringing participants together in mindfulness and self-exploration, we cultivate a transformative space for all.

## **Contribution Options**

Contributions can be made via PayPal, bank transfer, credit card, or through the secure [SUPPORT PAGE](#) on the World Dharma website.

If you would like to discuss the amount or explore other forms or methods of giving, please feel free to contact

Alan Clements at **EMAIL:** [contact@worlddharma.com](mailto:contact@worlddharma.com)

## Supporter Levels:

- **World Dharma Guardian – \$1,485 USD:**  
Your generous support nurtures the retreat and extends the gift of transformation to others, creating a ripple of kindness and compassion.
- **Bodhisattva Benefactor – \$1,195 USD:**  
Your kindness sustains the retreat and empowers others to join this transformative journey. Thank you for your generosity.
- **Compassion Contributor – \$850 USD:**  
Your contribution supports the scholarship fund and helps cover essential retreat costs, ensuring the retreat's success for all.
- **Sangha Supporter – \$495 USD:**  
This baseline contribution allows you to participate at cost and supports the transformative experience for everyone involved.
- **Open-Hearted Offering:**  
You choose the amount. Every contribution, large or small, helps sustain the retreat and ensures accessibility for all participants.

## Additional Considerations

Please note that your donation of \$495 does not include [Teacher Dana for Alan Clements](#). Any contribution above \$495 does, unless specifically designated for scholarships. At the retreat's conclusion, there will be an opportunity to offer a personal donation to Alan.

If inspired, please consider contributing extra to our scholarship fund to make the retreat accessible to more people.

**To Secure Your Spot:** Please [fill out the short application on the WorldDharma.com/Events page, here](http://WorldDharma.com/Events).

Once your application has been reviewed (typically within a few days) and accepted (which is highly likely), we'll notify you by email. At that point, you'll need to finalize and confirm your participation. As this is a not-for-profit event offered freely by donation, your generous contribution will secure your spot and help sustain the retreat. Your support is deeply appreciated. **Partial scholarships are available, and no one is turned away for financial reasons.** If you are in a position to contribute more, your generosity will help us extend this opportunity to those facing financial challenges.

Please note that due to our upfront commitments with ARMA, along with scholarships and airfare arrangements, donations are non-refundable. However, should you need to cancel your participation, you are welcome to transfer your spot to a friend, provided they complete the application process and both parties notify us of the change in advance.

### **Inquiries:**

For further inquiries, contact Alan Clements directly at:

**Email:** [contact@worldddharma.com](mailto:contact@worldddharma.com)

**Visit:** [WorldDharma.com/Schedule](http://WorldDharma.com/Schedule)

**In closing:** “The gift of Dharma surpasses all gifts.” It’s not just a line from ancient texts, it’s a call to a way of living that surpasses the mundane. The Buddha’s words remind us that the act of giving is not simply a transaction—it’s a transformation, a path to liberation. As he said, “If you knew, as I do, the power of giving, you would not let a single meal pass without sharing some of it.” Generosity isn’t just about handing something over; it’s the embodiment of connection, of recognizing our shared humanity. It’s understanding that the joy we seek often comes from lifting someone else.

At the ARMA retreat, we don’t just talk about mindfulness—we live it, through every act of offering, every shared breath, every intention. Our practice here is about going beyond the cushion, into the heart of giving. It’s seeing that giving, whether it’s a smile, a meal, or a moment of our time, creates the kind of bond that transcends material wealth. “By giving one unites friends,” says the Samyutta Nikaya. The friends we unite are not just those outside of us but the fragmented parts within—the parts yearning for connection, for compassion, for a deep understanding that we are all in this world together.

And so, during this retreat, we embody the Buddha’s wisdom that, “An offering given from what little one has is worth a thousand times its value.” Because the act of giving purifies the heart, it’s an offering that shapes both the giver and the receiver. We don’t just wait for the opportunity to give; we seek it, because in seeking to give, we expand our capacity to love, to awaken, to transform.

We ask ourselves—how does a true person give? With care, with respect, with the belief that this gift will bear fruit, for all of us. Each moment in ARMA is

a reminder that true generosity is the path to liberation, and that's the essence of living World Dharma.

**REGISTER NOW: Complete the application on the INTENT TO PARTICIPATE: REGISTER NOW**

**link on the [WorldDharma.com/Events](http://WorldDharma.com/Events) page.**

**Blessings and gratitude**, and we very much look forward to co-creating a magical shared space with you at this very special retreat. Again, do not hesitate to reach out to us with any questions or concerns. We are here to serve you and the vision.

**Alan Clements and the Usada Bali and World Dharma Teams**

“Awakening World Dharma rests upon a basic recognition that life experience is our greatest teacher and therefore our genuine source for spiritual awakening. It is awareness that liberates, not a teacher, nor a doctrine, nor a form.”

— Alan Clements