



Alan Clements

ALAN CLEMENTS is a journalist, a writer, and a worldwide lecturer on the integration of Buddhism, human rights, and spiritual-social activism. He was the first American to become a Buddhist monk in Burma where he lived for many years in the seventies and eighties, nearly five years as a monk. In 1984, Clements was forced to leave the monastery by Burma's dictatorship, with no reason given. He has returned numerous times however, to witness and document human rights abuses in the country.

He is the co-founder and director of the Burma Project USA/Canada, a non-profit human rights and media advocacy organization dedicated to raising international awareness of the crisis in Burma. Alan is also the co-founder and director of The World Dharma Online Institute (WDOI), offering a year round multimedia program exploring "the art and activism of everyday revolution." Inspired by Aung San Suu Kyi, the program finds its roots in the nonviolent principles of her country's Buddhist-inspired spiritual revolution.

Clements is the author of *Burma: The Next Killing Fields?* (1991). He is co-author (with Leslie Kean) and a contributing photographer to *Burma's Revolution of the Spirit* (1994). In addition, he was the advisor and script revisionist for *Beyond Rangoon* (1995), a feature film depicting Burma's struggle for freedom.

His most recent book, *Instinct for Freedom: A Guide to Spiritual Revolution —The Practice of Finding Liberation Through Living*, was nominated for best spiritual teaching/memoir by the National Spiritual Booksellers Association in 2003.

Alan is also a political/spiritual satirist, and performs his theatrical monologue *Spiritually Incorrect: A Challenge to Dogma, Indoctrination, and the Politics of War* to audiences around the world as benefits to raise awareness of Aung San Suu Kyi and other prisoners of conscience worldwide.

Clements has been interviewed for ABC (Nightline), CBS (Evening News), Newsweek, Time and scores of other media throughout the world. In addition, he has presented to such organizations as Mikhail Gorbachev's State of The World Forum, The Soros Foundation, United Nations Association of San Francisco, including a keynote address at the John Ford Theater for Amnesty International's 30th year anniversary.

Alan can be reached at www.AlanClements.com or through the World Dharma Online Institute's Program at www.EverydayRevolution.org.