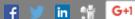
A special announcement and preview of our epic new book and film, "Revolution of the Spirit: Aung San Suu Kyi and Burma's Voices of Freedom." And registration begins for our Wisdom of Mindfulness Retreats with Alan Clements at Hollyhock Retreat Center, Cortes Island, Canada, Byron Bay Australia, and the Second Annual Mahasi Meditation Retreats in Myanmar.

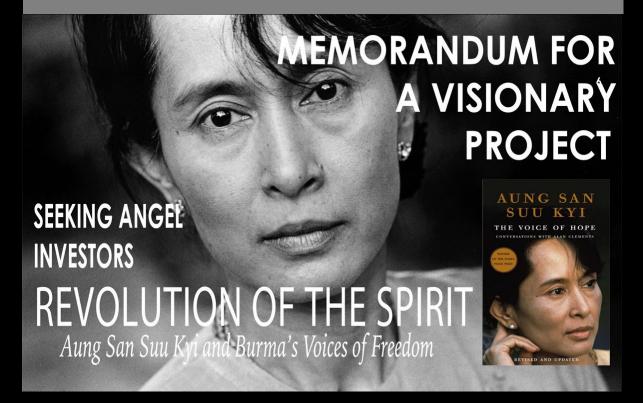








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Dear Friends of Alan Clements and World Dharma

An invitation to attend a meditation and yoga retreat either in Canada, Australia, or Yangon, Myanmar

Wisdom of Mindfulness Meditation and Yoga Retreats with Alan Clements and Special Guests

- 1. Oct 7-14, 2016: Hollyhock Retreat Centre, Cortes Island, BC, Canada
- 2. Dec 1-10, 2016: Gymea Eco Retreat & Spa, UKI, NSW, Australia
- 3. Jan 17-Feb 11, 2017: Mahasi Meditation Centre, Myanmar

Further details and online registration below...

An update with a photo-enhanced preview for the new book and short film: Revolution of the Spirit: Aung San Suu Kyi & Burma's Voices of Freedom



Second Annual Wisdom of Mindfulness Meditation Retreats Mahasi Meditation Center, Yangon, Myanmar



This historic event marks an unprecedented opportunity to train in mindfulness meditation where the world-wide mass lay meditation movement began.

TWO SPECIAL RETREATS or DO BOTH BACK TO BACK

* **Jan 17-29, 2017** (open to all) (25 spaces)

- * Jan 17-Feb 11, 2017 (for teachers and those aspiring to guide others) (25 spaces)
- * Maximize your retreat: **Do both back to back: Jan 17 Feb 11, 2017** (25 days)

<u>Further details and online application at Wisdom of Mindfulness.org</u>
Daily dhamma talks, meditation instructions and interviews with teachers.
Private rooms with attached bathrooms and showers & vegetarian meals.

Share on facebook: Wisdom of Mindfulness Mahasi Meditation Retreats.

Hollyhock Retreat Centre, Cortes Island, BC, Canada

A FUTURE TO BELIEVE IN World Dharma Wisdom of Mindfulness 7 Day Meditation and Yoga Retreat Alan Clements & Special Guests

October 7-14, 2016



WHERE: Hollyhock Retreat Center, Cortes Island, BC Canada

Further details <u>HERE</u>

Canada Mindfulness Retreat Oct 7-14 2016

Our facebook event's page to share with others.

Gymea Eco Retreat and Spa, UKI, NSW, Australia

World Dharma Wisdom of Mindfulness 10 Day Meditation & Yoga Retreat Alan Clements & Special Guests

DATES: December 1 - 10, 2016

WHERE: Gymea Eco Retreat and Spa. Uki, NSW (45 min from Byron Bay)
Click here for further details, with retreat overview and online application.
Australia Mindfulness Retreat Dec 1-10, 2016





Our facebook event's page to share with others.

PLEASE HELP US SPREAD THE WORD ...

Since Alan Clements and World Dharma do not advertise, our events are known only by "word of mouth", and primarily only by those who have previously attended Alan's talks, groups, and retreats. May we invite you to support Alan and his World Dharma vision of leading Wisdom of Mindfulness Meditation and Yoga Retreats, in the following ways.

- 1) Your encouragement is the best way to inspire others to undertake the retreat.
- 2) Invite your friends from our <u>Wisdom of Mindfulness Retreat facebook page</u>.
- 3) If you have a blog, website, or newsletter, please include the retreat information and encourage participation. And if you either teach yoga or attend classes in a studio, or see clients as a coach, therapist or mindfulness guide, please encourage participation.

Thank you.

Seeking Angel supporters to finish this epic project

We are urgently looking for an Executive Producer - please contact us We are 75% completed and all we need are finishing funds for the final 25%. For your support we are offering amazing donor-sponsor benefits.

Review our visual graphic outlining the book, film and sponsor benefits below.

Play a part in supporting Aung San Suu Kyi and the people Burma transition from decades of dictatorship to democracy.

REVOLUTION OF THE SPIRIT

Aung San Suu Kyi and Burma's Voices of Freedom

And if so moved, please offer your <u>generous support</u>. Every contribution helps, and it is our intention to Gift these materials to the people of Burma to support their emergent democracy for generations to come. Thank you.



WORLD DHARMA ONLINE INSTITUTE WDOI

9 week eCourse with Alan Clements Explore World Dharma Intelligence Includes skype guidance sessions with Alan



Alan Clements

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