

MARCH 24, 2021  
FOR IMMEDIATE RELEASE  
"EXTINCTION X-RATED"  
A NEW NOVEL  
by Alan Clements

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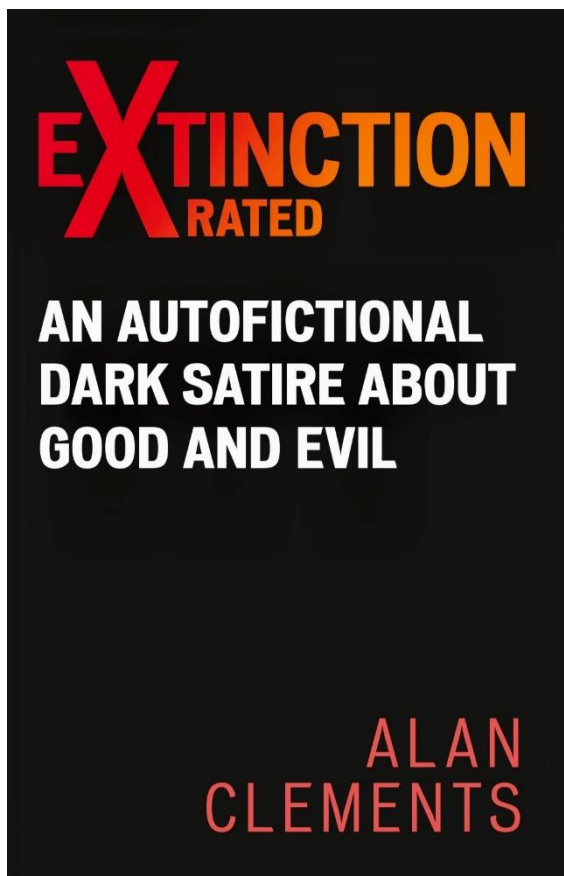
From acclaimed author, activist and spoken word satirist, Alan Clements, comes a compelling meditation on "life or death" in the face of global totalitarianism and mass extinction.

# EXTINCTION X-RATED

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## An Auto-fictional Dark Satire About Good and Evil

"No tree, it is said, can grow to heaven unless its roots reach down to hell." Carl Jung



*Los Angeles, USA:* Set as he weighs his reasons to live or die on the eve of his ritualized potential suicide, Clements' first novel is a psychedelic inner exploration incited by the existential threats of climate change, mass extinction and the relentless rise of global totalitarianism.

With a lethal syringe of morphine in one hand and a high dose of acid in the other, Clements invites his readers into a darkly satirical, erotic auto-fiction that blends a plausible but unauthorized 50-year history of rebel dharma in the West with all the dystopian elements of 1984, A Clockwork Orange, and the Manchurian Candidate.

Woven within the arising metaphysical landscapes, and pitched against both horror and hilarity, are the stifling grip of propaganda and ingrained legacies of trauma, the struggles of lockdown and long-term Covid, the specter of election fraud, and the probing tendrils of corruption, self-deceit, and spiritual narcissism.

Populated by a pantheon of disembodied saints and a cabal of the demonized and despised, this work of fiction is a direct, no holds barred assault on the futility of the times, a meditation on good and evil, and a lesson in moral courage that builds from quiet, LSD-inspired reflection to a crescendo of thunderous upheaval and resolution not known until the final page.

**As the Doomsday Clock ticks ever closer to a fatal midnight, so too do the pages of this book count down to a victory of hope against all odds, or a final goodnight to an inescapable Samsara.**

"Alan's presence—his remarkable ability to engage an audience, connect with their heart—stands alongside the best talent I have seen in the world." – Robert Chartoff, Producer of Rocky, The Right Stuff, Raging Bull, New York New York and thirty-five additional feature films.

**ABOUT ALAN CLEMENTS:** Clements is a satirist, performing artist, former Buddhist monk, and investigative journalist in areas of war and extreme conflict. He is also the author of numerous books, a spoken word album, and the subject of a feature documentary film. His work has been endorsed by President Jimmy Carter, numerous Nobel Laureates, celebrities, and thought leaders worldwide.

His books include *Burma: The Next Killing Fields?*, and *Revolution of the Spirit*, both with forewords by the Dalai Lama. He's also written *The Voice of Hope: Conversations with Aung San Suu Kyi*, *Instinct for Freedom*, *A Future To Believe In: 108 Reflections on the Art and Activism of Freedom*, *Wisdom for the World: Conversations with Sayadaw U Pandita*, and the four volume set, *Burma's Voices of Freedom: Conversations with Alan Clements*, co-authored with Fergus Harlow



Alan has been interviewed by the New York Times, Time and Newsweek Magazines, CNN, BBC, Voice of America, ABC, CBS, and Democracy Now, along with Utne Reader, Yoga Journal, and Mother Jones. He has presented to such organizations as Mikhail Gorbachev's State of The World Forum, The Soros Foundation, United Nations Association of San Francisco, the universities of California, Toronto, Sydney, and many others, including a keynote address at the John Ford Theater for Amnesty International's 30th year anniversary. He has been performing his stand up, spoken word show *Spiritually Incorrect* since 2003. Full bio at [AlanClements.com](http://AlanClements.com)

### **ABOUT THE BOOK**

**EXTINCTION X-RATED**

**AN AUTOFICTIONAL DARK SATIRE**

**ABOUT GOOD AND EVIL**

**By Alan Clements**

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# **Extinction X-rated**

## **An Auto Fictional Dark Satire About Good and Evil**

**by Alan Clements**

**WORLD DHARMA PUBLICATIONS**

**A REVIEW by Fergus Harlow for Global Media Syndication**

**(to be freely used, worldwide, with credit to the author, please)**

A hauntingly original, provocative statement about futility and hope at the end of the world, *Extinction X-Rated* infuses the intimate first-person narrative style of *On The Road* with the unsettling cinematography of *Blue Velvet* and *A Clockwork Orange*. Not content to simply chart one man's psychedelic odyssey through addiction, trauma, and depression, Clements leverages his 50-year background in mindfulness, satire, and war journalism to address some of the most perplexing and confounding issues of our times. With each graphic depiction of spiritual indoctrination and propaganda, of climate change and rising global totalitarianism, at each shift of the carefully composed literary mandala, Clements dares to ask us whether death itself might be the sanest way out.

With four billion people already living under some kind of authoritarianism and the sixth mass extinction well underway, *Extinction X-Rated* takes us deep into the heart of our own complicity, our helplessness, and our fear to deliver a catharsis and an excavation of falsehoods. It is a book that asks us the worth of a #MeToo movement when it contends with Cardi B's wet ass pussy, what would happen if you crossed Gandhi with *Game of Thrones* torture porn, and whether, in an only slightly different reality, Trump just might have been the messiah. In vivid scenes that embrace the naked authenticity of our unearthed repressions and denials, *Extinction X-Rated* is anti-porn for the over-sensationalized, non-violence for the over-stimulated, scripture for the faithless. It is experimental, an intersecting, interwoven piece of art.

For those uncomfortable in conventional reality, and distrustful of comfort itself, for those with the unshakable sense that life as we know it could just be a total sham, *Extinction X-Rated* offers solace, companionship, and an unwavering encounter with the human soul. Those who value stability for its own sake, on the other hand, those who take pride in each-day-the-same-as-the-next personas, will most likely want to burn it.

## Q and A with Alan Clements

**Q:** Why did you write “Extinction X-rated?”

**Alan Clements:** During the lock down here in LA, I had a lot of time to reflect on the numerous struggles over the past years – multiple deaths, personal losses, severe illness, depression, and the overarching despair in facing human extinction and societal collapse. The book – XX, as I refer to it – is essentially a six month psychedelic-assisted existential self-therapy session, condensed into “a day in the life,” asking: why stay alive, what is the meaning of hope, and what is left undone that needs to be done? Scary as it was a lot of the time, it was a luxury to give myself this sacred gift.

**Q:** You've mentioned in the Prologue the book was designed as a “conceptual Mandala.” Would you explain what you mean by that?

**AC:** Within ancient Indian cultures, and others too, a Mandala is a geometric design, often in the form of a painting, with intersecting patterns and symbols that illuminate the range of encounters we humans face in our quest for wholeness. Rather than creating a geometric painting, I created a cognitive one – a conceptual Mandala – with sixty-three intersecting sections to the book, that together – as a whole – express my own inner and outer battle with good and evil and symbolize the unity of all things. Hopefully they also serve the reader in their own personal discovery of a more liberated freedom.

**Q:** What do you want people to get from reading the book?

**AC:** To have the moral courage to face the most naked truths in one's heart and to stop hiding or lying to oneself, if they are. But ultimately, the meaning of XX is for each person to decide for themselves. Overall, I shared my most honest expression of inner-being-ness, without an iota of self-censorship. Frankly, I needed to explore my own un-examined history and shadow as well as my own heart and hope for the future.

**Q:** Why the use of X-rated in the title?

**AC:** It's a synonym for RAW, NAKED, UNCENSORED. But it is certainly not porn or obscene. Rather, it is unmasked and highly pixelated in many areas, but only to make the point. But be forewarned, I hold nothing back when it comes to sexuality, freedom and confronting humankind's obsession with violence both to humans and non-humans. XX is actually “anti-porn” as I let my imagination run wild in offering solutions to the psychosis of a violent world, especially sick political leaders, and religious and spiritual ones too. Be CLEAR however, if you are lighthearted or easily offended, don't read it.

**Q:** Is there an intended audience for Extinction X-rated?

**AC:** If you liked the recent documentary film of my life and work, “Spiritually Incorrect”, or seen my stage show by the same title, this book is for you. I had actually thought of titling it “Spiritually Incorrect X-rated.” And it could just as easily be that title. But in the end I felt it wasn't strong enough and could mislead people on the intensity and scope of the book. After all, XX deals head on with the greatest existential threat ever known: the six mass extinction currently underway.

**Q:** What are some of the core themes in the book?

**AC:** Ultimately, the book is about facing our demons and saying I see you, and I'm going to carry on and leave your ass behind. It's about NOW or NEVER. I am a firm believer in ACTION and using our voice and life as an expression of our highest most creative values. It's essentially about being true to yourself, full stop. Be you. Be real. Cancel the cancel culture. And having the courage to care about the future of life, here on earth and out into the cosmos. We are just beginning the journey of existence, despite being in a mass extinction event. Fight on, regardless.