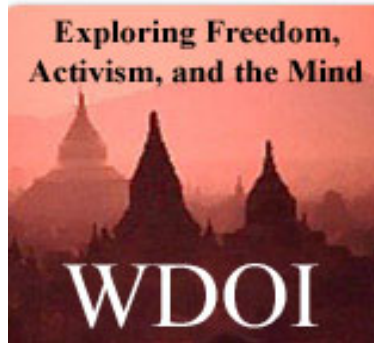


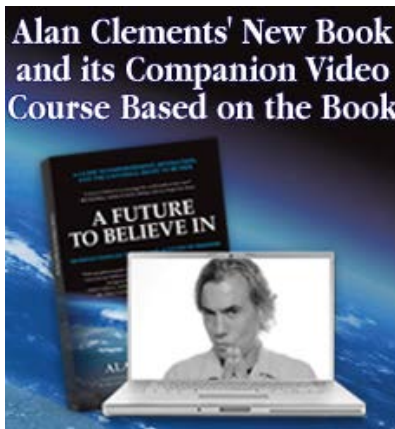
**THE WORLD DHARMA ONLINE INSTITUTE *presents***



**AWAKENING WORLD DHARMA: A NEW LANGUAGE OF FREEDOM  
The Art and Activism of Finding Liberation through Living**

**A NINE-MONTH INTERACTIVE VIDEO PROGRAM EXPLORING THE INTERSECTION  
BETWEEN PERSONAL AND PLANETARY TRANSFORMATION, INFORMED BY  
NONVIOLENCE, CONSCIENCE, CREATIVITY, MUTUALITY, ENVIRONMENTAL  
SANITY, ART, AND THE UNIVERSAL THE RIGHT TO BE FREE.**

**108 Video Presentations, Practices and Personal Writing Explorations  
Based on Alan Clements' New Book — A FUTURE TO BELIEVE IN:  
108 Reflections on the Art and Activism of Freedom**



**Dates:** April 28, 2012 - January 27, 2013

**Format:** Interactive video, presented weekly for 36 weeks.

**Location:** WDOI's new website (currently under construction).

**The Program is presented by Alan Clements,** a former Buddhist monk, satirist, author, performing artist, human rights/media activist, Dad with a young daughter, and World Dharma retreat leader.



"At a time when the contemporary spiritual landscape has become dangerously gentrified and domesticated, Alan Clements restores us to our senses — wild and elemental. He summons the voices of those who, along side him, have not traded their souls for the market-driven need to be tame or acceptable, and points us to the wilderness of true, engaged, fiercely authentic awakening. This is why we are alive — to set freedom free, in ourselves and for others, in every aspect of our lives from the most mundane daily task, to the most profound political act." ~ Kelly Wendorf, author and editor *Stories of Belonging*, co-founder The Institute of the Southwest

### **Program Overview:**

Explore head-on the most crucial question of our time - how to take our dharma, our freedom, our most liberating instinctual intelligence - and express it in action to transform the conditions of the real world, to nurture life, earth, freedom itself.

### **Awakening World Dharma: A New Language of Freedom The Art and Activism of Liberation through Living**

Drawn from ancient and modern traditions, both East and West, *The World Dharma Program presents* a distillation of Alan Clements' life's work from over forty years of dharma exploration — an epic journey that has taken him from the sacredness of monastic silence deep into the dark heart of war zones. By merging the models of personal and planetary transformation found within his books, *Instinct for Freedom*, *The Voice of Hope*, and *A Future to Believe In* — the World Dharma vision illuminates the link between our inner journey (the exploration of consciousness and its contents) and its outer expression through liberating acts of conscience, creativity, and caring.

Aung San Suu Kyi, the leader of Burma's democracy movement, with whom Clements co-authored the acclaimed book of conversations, *The Voice of Hope*, calls this whole world dharma *a revolution of the spirit*. Whereby the principles and practices of cognitive liberty, global human rights, creative self-expression and environmental sanity converge into a new transformational paradigm cultivated through the art and activism of freedom — a World Dharma — expressed through a liberating authenticity unbound by dogma, conformity, and the pretense of certainty. As Dr. King so famously said, "We are tied in a single garment of destiny. What affects one directly affects everyone indirectly." In other words, "We are in this together, participating in the peaceful transition to a world in which we are inspired to co-create a future to believe in, a new society with sustainable solutions, devoid of exploitation, violence, and environmental degradation.

The World Dharma Program offers instructions in the areas of a “whole-mind awareness” as daily-life-requisite, the philosophy and practices of both pre-and-post-mindfulness-based meditations, both classical and contemporary self-reflections, liberating thought experiments offering hope and the invention of a new future, creative writing explorations that serve to transcend the limitations of the present, individual processes evolving clarity of purpose and meaningful actions in the world, guided meditations fostering specific states of mind, such as empathy, transparency, equanimity, passion, humor, resilience, patience, and so forth, along with a range of other World Dharma applications.

### **Areas of focus:**

- \* Awareness: “*to see things as they are*” as central to realistic self-discovery.
- \* Examining the senses as portals of perception and the architect of reality.
- \* Empirical inquiry: knowing the nature of consciousness and its contents.
- \* Distinction between concepts and reality – ideation and ‘felt experience.’
- \* Wise reflection and intuitive reasoning as core qualities of transformation.
  
- \* Examining self-generated suffering - how it arises and how it is released.
- \* Inner activism as a liberating process of self-leadership and self-creation.
- \* Expanding one’s comfort to embrace a larger more complex circle of life.
- \* Evolving empathy: using our moral imagination to genuinely feel others.
- \* Deepening a wise and compassionate motivation in complex situations.
  
- \* Harmony and conscience: envisioning and creating change in the world
- \* Meditation as the embodiment of our humanness, not an escape from it.
- \* Not hiding in *axiomatic truths* or projections of realization or perfection.
- \* Developing the capacity to draw strength from hardships and obstacles.
  
- \* Cultivating our most authentic, improvisational, liberating sense of self.
- \* Finding a creative expression and turning it into transformational power.
- \* Elevating authenticity to a sacred art and the heart of liberating intimacy.
- \* Engage multiple dimensions of intelligence: union of intellect - intuition.

### **Some of the Program’s Special Features:**

- \* A video presentation by Alan Clements each week, for 36 weeks.
- \* Each week includes 3 of the 108 reflections from “*A Future to Believe In.*”
- \* Personal sessions are offered by Alan to support one’s World Dharma experience.
- \* Sessions are offered either by phone or skype audio or video, worldwide.
- \* Sessions are up to 30 min at a time and are made by email through Alan’s assistant.
  
- \* Throughout the Program, access to the interactive community forums.
- \* Course videos are archived and available for unlimited viewing.
- \* Chronicle your journey with an online journal.
- \* Receive a World Dharma Certificate of Completion at the end of the program.
- \* Grow and evolve a World Dharma community of teachers and practitioners.
- \* As an experimental first-of-its-kind course there are sure to be many surprises.



**Styles of Participation:**

- \* The Program is offered in 2 ways;
  - 1) Self-sustained or Self-guided.
  - 2) Session-supported with personal phone/or skype sessions with Alan Clements.

**Self-sustained:** Participate freely - at your own pace, in your own rhythm, without expectations or contact, unless initiated. Note: whether self-sustained or session-supported, course videos/and materials are the same, and designed for a compelling, personal, and inspiring World Dharma immersion experience.

**Session-supported:** Offers a limited number of participants the opportunity to receive ongoing personalized support from Alan Clements, the founder of World Dharma. The sessions, up to 30 minutes at a time, are offered by phone or skype audio/video worldwide. When registering for the Program, you can choose from 3, 6, or 9 sessions throughout the 9-month Course. Sessions are initiated by participants, with appointments by email through Alan’s assistant.

Alan’s approach to transformation extends beyond his formal training and scholarship in classical Buddhist philosophy, psychology, meditation, activism, and theater, and serves to implode stereotypical concepts of spiritual normalcy and strict psychological identities.

Sessions can also be used to support the development of creative projects and visions, as well as addressing personal/private issues through a liberating world dharma lens.

“Alan's life is material for a legend. An intellectual artist, freedom fighter, former Buddhist monk, he shares his insights and experiences with a passion rarely seen and even more rarely lived. He'll make you think and feel in ways that challenge your entire way of being.” ~ Catherine Ingram, Author of *In the Footsteps of Gandhi* and *Passionate Presence*.

**Course cost** with several participation options to choose from:

- |  |                    |                                |
|--|--------------------|--------------------------------|
| 1. Self-sustained or self-guided ..... | \$199              | (open to all, and at anytime). |
| 2. Session-supported <b>Entry</b>      | <b>3 sessions:</b> | \$499 (15 participants).       |
| 3. “ “ <b>Intermediate</b>             | <b>6 sessions:</b> | \$799 (13 participants).       |
| 4. Session-support <b>Immersion</b>    | <b>9 sessions:</b> | \$999 (10 participants).       |

**Special offer:**

Upon registration you will receive a complimentary copy of Alan’s book, *A Future to Believe In* (with shipping & handling included).

## To Register for the Program and Payment Options:

- \* Return to the Course Page on the World Dharma website at [www.WorldDharma.com](http://www.WorldDharma.com)
- \* Select the style of participation appropriate to you Self-Guided or Sessions-Supported.
- \* If *supported*, select if you would like 3, 6 or 9 (30 minute) sessions during your Course.

\* You have two payment options:

- 1) In full: a-one-time payment.
- 2) Or 9 monthly installments (starting from the time you register).

\* We accept Pay pal.

\* Or if you do not wish to use Pay Pal, we accept all major credit, bank and debit cards, worldwide, and we accept them for both payment options, whether a one-time-payment or monthly installments. When registering for the Course, click on any of the **Join Now** buttons. On the next screen, mid-page, you will see the following line:

No PayPal account? Pay using your [credit or debit card](#)

Click on [credit or debit card](#) and on the next page enter your card details. Done.

**If payment** by money order or check drawn on a Canadian or US bank, make payable to:

**'WORLD DHARMA'** and mail to:

World Dharma Online Institute (WDOI)  
2768 West Broadway  
Post Office Box 74709  
Vancouver, BC, V6K 2G4 Canada

Upon receipt you will receive an email confirmation.

## Inquires by email or phone:

If you would like to discuss your participation directly with Alan Clements, you can write him at [alan@worlddharma.com](mailto:alan@worlddharma.com) to set up a consultation.

“The mind is a living organism that chaperons us everywhere, haloing our bodies as the biosphere does the earth. It informs us of everything we think, feel, and say. Consciousness is as central to life as the ecosystem is to the earth. We can’t live without it, nor can it be escaped. It is home. Neglect consciousness — denigrate it, violate it — and like the earth, the individual suffers, and often causes suffering, too. On the other hand, nurture consciousness — understand its nature, inhabit it wisely — and we flourish, and elevate society too.”

~ Alan Clements

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